



DEFENSIVE STRATEGIES

680 Brent St – Manchester, NH 03103 – Phone: 603-566-1727

DRILLS

- Close-Quarter Concealment Drills - No Time Limit
 - 3-Yard - Single & Double
 - 5-Yard - Single, Double & Triple tap
 - 7-Yard - Double & Triple tap
- Close-Quarter Concealment Drills - Random Time limits from 5 down to one second per shot.
 - 3-Yard - Single & Double
 - 5-Yard - Single, Double & Triple tap
 - 7-Yard - Double & Triple tap
- Shoot-Move Drill
 - Left Move, 7-Yard - Initial Load 5 to 8 rounds, reload 2 to 3 rounds - Maximum of 2 seconds per shot
 - Right Move, 7-Yard - Initial Load 5 to 8 rounds, reload 2 to 3 rounds - Maximum of 2 seconds per shoot
- Reload Drills
 - 7-Yard - Initial Load 3 to 5 rounds, reload 2 to 3 rounds - No Time Limit
 - 7-Yard - Initial Load 3 to 5 rounds, reload 2 to 3 rounds - Progression from 20 to 10 to 5 secs
- Immediate Action (malfunction) Drills - Instructor loads magazine/revolver
 - Malfunction in middle of load
 - Malfunction at end of load
 - Malfunction at beginning of load
- Intermediate Timed Fired Concealment Drills- Maximum of 4 seconds per shot
 - 10-Yard - Double, Triple & 6-Shot
 - 15-Yard - Triple & 6-Shot
- Squat Drill
 - 7-Yard - Initial Load 5 to 8 rounds, reload 2 to 3 rounds - No Time Limit
- Advanced Drills (Optional)
 - 15-yard - 2-1-1 Body Armor Drill from Position of Cover
 - 7-yard - 2-2-2 Body Armor Drill while moving to opponent weak side
- Qualification -
 - Practice Qualification Course of Fire (live NOT timed)
 - Practice Qualification Course of Fire (live and timed)
 - Qualification Course of Fire (up to 3 attempts in course)



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NRA Defensive Pistol Qualification Course

Introduction

This qualification course will allow students to demonstrate the 'key' skills learned during the NRA Defensive Pistol training course.

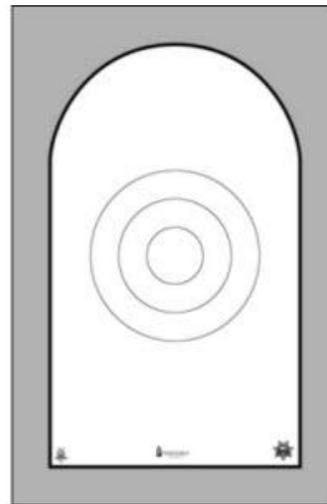
The targets used for this course of fire will include the full size versions of the following targets:

- FBI Q; or
- NRA D-1.

All shots must be within the scoring line of the bottle, or within the scoring rings of the D-1.



FBI Q



NRA D-1

All shooting is performed from a strong side hip holster, from concealment.
All reloads are performed as speed reloads.

Phase I: Shooting drills from concealment:

Distance	Shots	Time	Relays	Total
3 yard line	2	4.0 sec	X 1	2
5 yard line	3	4.5 sec	X 1	3
7 yard line	3	5.0 sec	X 1	3
10 yard line	5	12.0 sec	X 2	10



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Phase II: Speed reload drills:

Set up guns as appropriate, as indicated by shots column. Revolvers should be set up to fire on the first pull of the trigger.

Distance	Shots	Time	Relays	Total
5 yard line	1+2	8.0 sec Semi-Auto 10.0 sec Revolver	X 1	3
7 yard line	2+2	10.0 sec Semi-Auto 12.0 Revolver	X 1	4
7 yard line	3+4	15.0 sec Semi-Auto 17.0 Revolver	X 1	7

Phase II: Immediate action drills:

Set up guns as appropriate. No cartridge in chamber on semi-automatic, revolver set-up so it will not fire on first trigger pull. Present from concealment: click, Tap, Rack, Assess.

Distance	Shots	Time	Relays	Total
7 yard line	2	6.0 sec	X 1	2

Final Count

Total Shots Fired & Required Hits	34
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